

Pandemic *READY*?



COVID-19: Epidemiology, Mitigation, & Priorities for NGO Response



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READY Inter-Agency Outbreak Preparedness Planning (OPP) Workshops

Updated June 27, 2020

(https://www.savethechildren.org/us/about-us/resource-library/influenza-library)





Save the Children







EcoHealth Alliance (This session is about COVID-19 & NGO preparedness for a severe respiratory pathogen pandemic.)

Question:



Philadelphia, USA, October 1918 (John Barry, The Great Influenza)

 Who has already worked on pandemic preparedness?

SARS: international spread from Hong Kong, 21 February – 12 March, 2003



- Local transmission in Canada, China, Hong Kong, Mongolia, Philippines, Singapore, Taiwan, & Viet Nam
- 8,096 total cases in 26 countries + Hong Kong + Taiwan
- Of these cases, 21% were Health Care Workers
- 774 deaths 10% case fatality

Lessons from SARS-CoV-1 (David Nabarro)

- Global action is critical
- Give priority to well-being front line personnel
- Engage communities
- Involve media
- Don't withhold information



- Encourage responsible, science-based & effective responses
- Harness energies of multiple actors
- Supportive leadership & building effective coalitions are vital

SARS Containment: Detect, Isolate, Quarantine



Some characteristics of SARS helped the world "dodge a bullet," but unfortunately, COVID-19 is looking different.

A Final Warning (after many others)

- "The IHR core capacities are unlikely in their current formulation to adequately prepare countries & the international community for high-impact respiratory events" (pages 7 & 30).
- "We expect that, were such a pathogen to emerge, either naturally, or as the result of accidental or deliberate release, many countries would be affected at once, which would require different international approaches than typically occur in geographically limited events" (page 15).
- "The potential for an epidemic or pandemic caused by a high-impact respiratory pathogen is increasing" (page 18).
- "Guidelines from public health authorities such as WHO exist regarding the use of NPIs, but they do not provide sufficient information to guide the appropriate use of these measures" (page 72).

Figure 3: Global Map Identifying Countries with National Influenza Preparedness Plans





Johns Hopkins Center for Health Security **Preparedness for a High-Impact Respiratory Pathogen Pandemic**

September 2019

www.centerforhealthsecurity.org/newsroom/centernews/2019-09-18-GPMBreport.html



Center for Health Security

The likely origins & intermediate hosts of MERS-CoV, SARS-CoV, SARS-CoV-2 (the COVID-19 virus)



Yi Y, Lagniton PNP, Ye S, Li E, Xu RH. COVID-19: what has been learned and to be learned about the novel coronavirus disease. Int J Biol Sci 2020; 16(10):1753-1766. doi:10.7150/ijbs.45134. Available from http://www.ijbs.com/v16p1753.htm 7

Avian Flu Diary

Covering Pandemic and Seasonal Influenza, H5N community & Individual preparedness, and anyth

https://afludiary.blogspot.com/

Tuesday, December 31, 2019

December 31: China notified WHO, & Eric woke up to this news (like something right out of the textbook), & notified his colleagues.

Posted by Michael Coston at 4:49 AM

Links to this post

China: 27 Cases of `Atypical Viral Pneumonia' Reported In Wuhan, Hubei



- **Cluster of 27 cases**
- Tested negative for everything
- Linked to a "seafood" market (which also sold a variety of live wild animals)?



The news from WPRO on January 21st set off alarms.



#nCoV2019 on Wednesday 22 Jan 2020.

After Wuhan: Iran, Lombardy, Madrid, NY City, Guayaquil,

Hello from Italy. Your future is grimmer than you think.

Within weeks, our old lives were gone

(Washington Post, March 18)



Most Read Opinions

- 1 Opinion There is no new Trump
- 2 Opinion This is the biggest blunder in presidential history
- 3 Perspective Hello from Italy. Your future is grimmer than you think.
- 4 Opinion Fox News has a new coronavin expert: Dr. Sean!
- 5 Opinion

Republicans like me built this moment. Then we looked the c way.

washingtonpost.com © 1996-2020 The Washington Post



New York digging mass graves amid virus outbreak

Drone footage shows coffins stacked in a pit in the city, as the state logs more cases than any country.







YouTube

Bodies left in streets of Guayaquil as Ecuador struggles with coronavirus

Figure 2. Number of confirmed COVID-19 cases, by date of report and WHO region, 30 December through 21 June**



Now China & the Western Pacific are reporting very few cases, with most cases reported from the Americas & Eastern Mediterranean, Europe, & SE Asia.



Clinical manifestations linked to COVID-19



Approximately 1 in 5 people become very ill and develop serious symptoms such as shortness of breath, chest pain or loss of speech or movement.

EPI•WiN

Clinical manifestations 1/3



- After onset of community transmission nearby, notices like this were posted in SC's Connecticut office in early March.
- These symptoms are similar to those of many acute respiratory infections then common in northern countries.
- Common symptoms:
 - Fever in 88%
 - Dry Cough in 68%
 - Shortness of breath / difficult breathing: 19%
- No symptom algorithm can accurately diagnose COVID-19.

Please Help Reduce Coronavirus Transmission

Do not enter or stay in this building if you have <u>Any 1</u>, or more, of the following:

- <u>Fever</u> (temp. of at least 100F / 38C, or feel hot or feverish), or
- Cough, or
- Shortness of breath



Wash your hands often with soap & water or use alcoholbased hand sanitizers

For more information see: www.cdc.gov/



Stay home if you're sick



Cover your sneeze & cough with a tissue or your sleeve

Covid-19 is spread person-to-person, mainly by coughing & sneezing.



Updated from CT DPH, Feb. 29, 2020

"Care must be taken in interpreting RT-PCR tests for SARS-CoV-2 infection - particularly early in the course of infection"



Figure 2. Probability of having a negative RT-PCR test result given SARS-CoV-2 infection (*top*) and of being infected with SARS-CoV-2 after a negative RT-PCR test result (*bottom*), by days since exposure.

Annals of Internal Medicine[®]

Search Anywhere

https://www.acpjournals.org/doi/10.7326/M20-1495#s1-M201495

Original Research | 13 May 2020

Variation in False-Negative Rate of Reverse Transcriptase Polymerase Chain Reaction–Based SARS-CoV-2 Tests by Time Since Exposure 🚥 Serologic (antibody) testing with 5% COVID-19 true seroprevalence & a test of 95% sensitivity & 95% specificity (useful for population estimates, maybe not for individuals)

Test	Had COVID (5%)	Never Had COVID (95%)	Test Totals
Positive (95% sens.)	(True Pos.) 475	(False Pos.) 475	950
Negative (95% spec.)	(False Neg.) 25	(True Neg.) 9,025	9,050
Pop. Totals	(5%) 500	(95%) 9,500	10,000

- Test sensitivity is the ability of a test to correctly identify those with the disease (true positive rate).
- Test specificity is the ability of the test to correctly identify those without the disease (true negative rate).

Flu & COVID-19 too (?):



Person-to-Person Respiratory Transmission: Close Exposure (1 - 2 meters / 3 - 6 feet):

- 1. Large droplets from coughing, sneezing, & talking, to other's nose & mouth (& eyes);
- Contact: <u>direct</u> (hand-to-hand) & <u>indirect</u> (hand-to-surface-to-hand – less common?);
- 3. Airborne / aerosol / droplet nuclei: By

aerosol-generating medical procedures, & in shared air spaces with poor ventilation. Can remain suspended in air for longer, but NOT long distance or in ventilation systems?



(See Univ. of Minn., CIDRAP: <u>https://www.cidrap.umn.edu/news-</u> perspective/2020/03/commentary-covid-19-transmission-messagesshould-hinge-science & WHO: <u>https://www.who.int/news-</u> room/commentaries/detail/modes-of-transmission-of-virus-causingcovid-19-implications-for-ipc-precaution-recommendations)



Super-Spreading Event: High SARS-CoV-2 Attack Rate Following Exposure at a Choir Practice — Skagit County, Washington, March 2020 After choir practice with one symptomatic person, 87% of group developed COVID-19



COVID-19 spreads easily	Crowding: 6 – 10 inches apart Exposure duration: 2.5 hours Indoor exposure: Poor ventilation? Singing: Aerosol transmission?

MEMIWIT

CDC.GOV https://www.cdc.gov/mmwr/volumes/69/wr/mm6919e6.htm?s_cid=mm6919e6_e

10% - 15% of COVID-19 cases may be responsible for ~ 80% of transmission. Super-spreading has happened in hospitals, care homes, prisons, ships, meatprocessing plants, choirs, bars, & gyms (indoors + duration, +/- crowding).

CORONAVIRUS (COVID-19) UPDATE NO. 21 / LAST UPDATED: 02 APRIL 2020

RESOURCES

 Surface disinfections with 0.1% sodium hypochlorite (diluted bleach) or 62-71% ethanol is effective within 1 minute

 COVID-19 was NOT included in this study but to date, there is no indication that

SARS-CoV-2 behaves differently to other

coronaviruses

How long human coronaviruses stay on surfaces

THE SCIENCE

GUIDANCE

HEALTH WORKERS



ABOUT COVID-19

Source: J.Hosp.Infect. 2020.01



CURRENT SITUATION





Since Feb. 1, we've been thinking in terms of 3 scenario dimensions				
1.	Global spread:	Of substantial outbreaks / epidemics		
2.	Severity:	Attributable mortality = attack rate X case fatality		
3.	Time:	Growth, seasonality, & duration of outbreaks		

Severity is very complex (social, economic, health system, etc.), but can be simplified here as attributable mortality (nCoV-attributable deaths per 100,000 total population), which depends on the attack rate (AR) X case fatality ratio (CFR, requiring an appropriate denominator, or maybe fancy modelling?). The following are illustrative examples only (not meant to imply positive correlation between AR & CFR – they are actually, probably, somewhat negatively correlated):

a.	Low:	10% AR X 0.01% CFR = 1 death per 100,000 total population (1 / 100,000)
b.	Medium:	30% AR X 0.1% CFR = 3 deaths per 10,000 total population (30 / 100,000)
с.	High:	50% AR X 2% CFR = 1 death per 100 total population (1,000 / 100,000 = 1%)

The above lends itself to a 3 X 3 table, with 9 scenario cells:

Severity (deaths /	Global Spread (epidemics in countries, not just imported cases)			
total population)	Little outside China	China + high risk countries	Pandemic	
High	1	2	3	
Medium	4	5	6	
Low	7	8	9	

(Cell numbers, above, have no meaning. Scenario content may be drafted for several of these cells.)

1. The global spread of COVID-19 reminds us of 2009 pH1N1



Travel screening & restrictions, & isolation & quarantine, may delay spread of the virus, but are unlikely to stop it.

Fever scanning is not effective at identifying a high % of people with flu. (It has both low sensitivity & low specificity.)



- Some people infected with flu will not exhibit fever because:
 - Those incubating the virus, who become symptomatic later;
 - Those with symptoms other than fever;
 - Those taking antipyretics to ease symptoms or evade detection; &
 - Asymptomatic carriers of flu.
- Consumption of hot beverages or alcohol can increase external skin temperature & cause a false positive.
- Intense perspiration or heavy face make-up can have a cooling effect on skin temperature, & cause a false negative.

1. Global Spread: Cases were reported in most countries over the 14 days to June 21, with intense transmission in parts of South America & the Middle East.



(ECDC)

2. Severity: A high attack rate, as in pandemic flu, could be bad news: "Few" countries have the staff, facilities, equipment, & hospital beds needed to cope (in a severe flu pandemic - WHO, Oct. 2005)

9. Massachusetts was the first state to suffer huge numbers of civilian deaths. This is a hospital in Lawrence.



(John Barry. The Great Influenza.)

Pandemic flu: 25% to 45% of <u>everyone on</u> <u>earth</u> gets sick with the flu. COVID-19??? **1918 is our Reference for Severity: Published Mortality Estimates** (Johnson NPAS & Mueller J. Bulletin of the History of Medicine (2002) 76:105-15) (**1918:** ¹/₄ of 2020 global population. <u>www.birdflubook.org/resources/NIALL105.pdf</u>)



2. Severity

 ….. "comparable lethality to H1N1 influenza in 1918."

Without any control measures or changes in individual behavior:

- "81% of the GB & US populations would be infected"
- … "approximately 510,000 deaths in GB & 2.2 million in the US, not accounting for the potential negative effects of health systems being overwhelmed" …
- …. "an eventual peak in ICU or critical care bed demand that is over 30 times greater than the maximum supply in both countries."

Imperial College London https://www.imperial.ac.uk/

Paper 9. Impact of non-pharmaceutical interventions (NPIs) to reduce COVID-19 mortality & healthcare demand Neil M Ferguson, et. al. March 16, 2020



2. Severity

- "in the absence of interventions, COVID-19 would lead to 7.0 billion infections & 40 million deaths globally in the coming year.
- "Aggressive mitigation strategies focusing on shielding the elderly & slowing transmission overall might reduce this burden by half but even in this scenario, health systems in all countries will be quickly overwhelmed.
- "This effect is likely to be most severe in lower income settings where capacity is lowest: our mitigated scenarios lead to peak demand for critical care beds in a typical low-income setting outstripping supply by a factor of 25,"

Imperial College London <u>https://www.imperial.ac.uk/</u>

Paper 12.

The Global Impact of COVID-19 & Strategies for Mitigation & Suppression

March 26, 2020



Estimates of the severity of coronavirus disease 2019: a model-based analysis https://www.thelancet.com/pdfs/journals/laninf/PIIS1473-3099(20)30243-7.pdf

Robert Verity*, Lucy C Okell*, Ilaria Dorigatti*, Peter Winskill*, Charles Whittaker*, Natsuko Imai, Gina Cuomo-Dannenburg, Hayley Thompson, Patrick GT Walker, Han Fu, Amy Dighe, Jamie T Griffin, Marc Baquelin, Sangeeta Bhatia, Adhiratha Boonyasiri, Anne Cori, Zulma Cucunubá, Rich FitzJohn, Katy Gaythorpe, Will Green, Arran Hamlet, Wes Hinsley, Daniel Laydon, Gemma Nedjati-Gilani, Steven Riley, Sabine van Elsland, Erik Volz, Haowei Wang, Yuanrong Wang, Xiaoyue Xi, Christl A Donnelly, Azra C Ghani, Neil M Ferguson*

Imperial College continues to use a mean underlying case fatality ratio (CFR) for symptomatic cases of 1.38% (before adjusting for population age distribution, etc. See: <u>https://mrc-ide.github.io/covid19-short-term-forecasts/index.html</u>)

Findings Using data on 24 deaths that occurred in mainland China and 165 recoveries outside of China, we estimated the mean duration from onset of symptoms to death to be 17.8 days (95% credible interval [CrI] 16.9-19.2) and to hospital discharge to be 24.7 days (22.9-28.1). In all laboratory confirmed and clinically diagnosed cases from mainland China (n=70117), we estimated a crude case fatality ratio (adjusted for censoring) of 3.67% (95% CrI 3.56–3.80). However, after further adjusting for demography and under-ascertainment, we obtained a best estimate of the case fatality ratio in China of 1.38% (1.23–1.53), with substantially higher ratios in older age groups $(0.32\% [0.27-0.38] \text{ in those aged } <60 \text{ years } vs \ 6.4\% [5.7-7.2] \text{ in those aged } \ge 60 \text{ years})$, up to 13.4% (11.2-15.9) in those agedthose aged 80 years or older. Estimates of case fatality ratio from international cases stratified by age were consistent with those from China (parametric estimate 1.4% [0.4-3.5] in those aged <60 years [n=360] and 4.5% [1.8-11.1] in those aged ≥ 60 years [n=151]). Our estimated overall infection fatality ratio for China was 0.66% (0.39-1.33), with an increasing profile with age. Similarly, estimates of the proportion of infected individuals likely to be hospitalised increased with age up to a maximum of $18 \cdot 4\%$ ($11 \cdot 0 - 7 \cdot 6$) in those aged 80 years or older.

Interpretation These early estimates give an indication of the fatality ratio across the spectrum of COVID-19 disease and show a strong age gradient in risk of death.





Lancet Infect Dis 2020

Published Online March 30, 2020 https://doi.org/10.1016/



The Novel Coronavirus Pneumonia Emergency Response Epidemiology Team. The Epidemiological Characteristics of an²⁹ Outbreak of 2019 Novel Coronavirus Diseases (COVID-19) — China, 2020[J]. China CDC Weekly, 2020, 2(8): 113-122



Laboratory-confirmed COVID-19–associated hospitalization rates, by age group - 14 US states, March 1–28, 2020 (from MMWR, April 17, 2020)



https://www.cdc.gov/mmwr/volumes/69/wr/mm6915e3.htm?s_cid=mm6915e3_e³¹

Hospitalizations were 6 times higher and deaths 12 times higher for COVID-19 patients with reported underlying conditions*

(among 1.3 million lab-confirmed COVID-19 cases reported to CDC, January 22 – May 30, 2020)

MOST FREQUENTLY REPORTED UNDERLYING CONDITIONS



MMWR, June 15, 2020. https://www.cdc.gov/mmwr/volumes/69/wr/mm6924e2.htm?s_cid=mm6924e2_w

Other conditions with strong & consistent evidence for increasing severity:

- Chronic kidney disease
- Sickle cell disease

- Obesity (BMI of 30 or higher)
- Immunocompromised from organ transplant

Updated June 25: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/evidence-table.html

1 in 4 hospitalized COVID-19 patients in Georgia did not have a high-risk condition



In a cohort of 305 hospitalized adults with COVID-19 in the US state of Georgia, one quarter of hospitalized patients had no recognized risk factors (including age of 65+ years) for severe COVID-19.

cdc.gov

bit.ly/MMWR42920

MMWR

Gold JA, Wong KK, Szablewski CM, et al. Characteristics and Clinical Outcomes of Adult Patients Hospitalized with COVID-19 — Georgia, March 2020. MMWR Morb Mortal Wkly Rep 2020;69:545–550. https://www.cdc.gov/mmwr/volumes/69/wr/mm6918e1.htm#T1_down 33

Case definition Multisystem Inflammatory Syndrome in Children

- Children and adolescents 0–19 years of age with fever > 3 days
 AND two of the following:
- Rash or bilateral non-purulent conjunctivitis or muco-cutaneous inflammation signs (oral, hands or feet)
- Hypotension or shock
- Features of myocardial dysfunction, pericarditis, valvulitis, or coronary abnormalities (including ECHO findings or elevated Troponin/NT-proBNP),
- Evidence of coagulopathy (by PT, PTT, elevated d-Dimers)
- Acute gastrointestinal problems (diarrhoea, vomiting, or abdominal pain)

AND

Elevated markers of inflammation such as ESR, C-reactive protein, or procalcitonin

AND

 No other obvious microbial cause of inflammation, including bacterial sepsis, staphylococcal or streptococcal shock syndromes

AND

 Evidence of COVID-19 (RT-PCR, antigen test or serology positive), or likely contact with patients with COVID-19





In China's 'war' on coronavirus, hospitals turn away other patients — with dire results (Washington Post, Feb. 21)

The country's wider health system is breaking down, leading to the sacrifice of some to save others.

- By Feb. 16,
 Wuhan had 11
 temporary
 hospitals
 equipped with
 20,461 beds.
- Over 3,000
 medics in Hubei
 have contracted
 COVID-19
 (SC/China, Mar. 6)



A temporary hospital converted from an exhibition center in Wuhan, China, during operations on Feb. 18. The hospital, one of a dozen of its kind in Wuhan, hosts covid-19 patients with mild symptoms. (AP)

Early estimates of the indirect effects of the COVID-19 pandemic on maternal and child mortality in low-income and middle-income countries: a modelling study

Timothy Roberton, Emily D Carter, Victoria B Chou, Angela R Steqmuller, Bianca D Jackson, Yvonne Tam, Talata Sawadogo-Lewis, Neff Walker

https://www.thelancet.com/action/showPdf?pii=S2214-109X%2820%2930229-1 Summarv Background While the COVID-19 pandemic will increase mortality due to the virus, it is also likely to increase mortality indirectly. In this study, we estimate the additional maternal and under-5 child deaths resulting from the potential disruption of health systems and decreased access to food.

Lancet Glob Health 2020 Published Online May 12, 2020 https://doi.org/10.1016/

5000 0. Scenario 2 Baseline Scenario 1 Scenario 3 0-Baseline & additional maternal & child deaths per month by scenario






Categories of Risk: Pandemic Flu & COVID-19 too

Livelihoods

IINSTC

Slide

adapted from:

Human Health

Governance & Security

Social & Humani<u>tarian Needs</u>

Economic Systems

- Food & income loss from decreased economic activity
- High illness & potentially high death rates
- Overstretched health facilities
- Disproportionate impact on vulnerable
- Increased demand for governance & security
- Higher public anxiety
- Reduced capacity due to illness & death
- Deterioration of coping & support mechanisms
 Interruption in public services
- Trade & commerce disruptions
- Degraded labour force (up to 50% ??)
- Interruption of regular supply systems

Imperial College London

3. Time

https://www.imperial.a c.uk/mrc-globalinfectious-diseaseanalysis/news-wuhan-coronavirus/

MRC Centre for Global Infectious Disease Analysis

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Report 5, February 15, 2020: "Bayesian and maximum likelihood phylogenetic methods indicate that the virus was introduced into the human population in early December and has an epidemic doubling time of approximately seven days." (Others have estimated a somewhat earlier jump.)

COVID-19: If R = 2 (it can be 3+) & S = 6 days

Flu: R = 2 & S = 3 days: From 1 to 2,047 cases by Day 30 !

R = reproductive number S = serial interval / generation time

18 Days

- Many cases will go undetected
- Cases not linked to imports suggest community transmission.

From 1 to 63 cases by Day 30, & 2,047 by Day 60 (?)

COVID-19:

(SARS: $R_o = 3$, v = 9 days: 40 cases by Day 30)



COVID-19 Transmission Dynamics

- Median incubation period of 5 6 days (2 14 day range)
- Much transmission in early & mild illness, & some pre-symptomatic & asymptomatic transmission (like flu, but very different from SARS)



(Supplement to: Anderson RM, Heesterbeek H, Klinkenberg D, Hollingsworth TD. How will country-based mitigation measures influence the course of the COVID-19 epidemic? Lancet 2020; published online March 6. http://dx.doi.org/10.1016/S0140-6736(20)30567-5. http://dx.doi.org/10.1016/S0140-6736(20)30567-5. http://dx.doi.org/10.1016/S0140-6736(20]30567-5. http://dx.doi.org/10.1016/S0140-6736(20]30. <a



*Table developed by: Maria Van Kerkove PhD, MRC Centre for Outbreak Analysis and Modeling, Imperial College London

In 2006 - 2008, then US Health Secretary Mike Leavitt noted at pandemic flu state planning summits around the US that:

"Any community that fails to prepare with the expectation that the federal government will at the last moment be able to come to the rescue will be tragically wrong, because there is no way in which 5,000 different communities can be responded to simultaneously,"

(In a severe pandemic, many districts may receive little or no outside help for months.)



Differences: COVID-19 vs. Pandemic Flu

- 1. No proven therapeutics available from the start of COVID-19 studies are ongoing.
- 2. More difficulty with COVID-19 PCR lab testing, including false negatives.
- 3. Somewhat different risk factors for severe illness (not pregnancy??)
- 4. COVID-19: longer incubation period & serial interval so outbreaks grow & move around the world somewhat slower. So, as a result:
- 5. Some impressive examples of containment !
- So, plan for a severe flu-like pandemic, taking differences & uncertainties into account, &
- Expect the unexpected, from the virus, & from our responses to it.









WHO: Critical preparedness, readiness & response actions for COVID-19 - 7 March 2020

5	Fable 1. Critical prepa	1. Critical preparedness, readiness and response actions for each transmission scenario for COVID-19				
		No Cases	Sporadic Cases	Clusters of Cases	Community Transmission	
	Transmission scenario	No reported cases	One or more cases, imported or locally acquired	Most cases of local transmission linked to chains of transmission	Outbreaks with the inability to relate confirmed cases through chains of transmission for a large number of cases,	
	https://www.w	ho.int/emergencies/dis	or by increasing positive tests through sentinel samples (routine systematic testing of respiratory samples from established laboratories			
	guidance/criti	cal-preparedness-read				
	Aim	Stop transmission and prevent spread	Stop transmission and prevent spread	Stop transmission and prevent spread	Slow transmission, reduce case numbers, end community outbreaks	
	Priority areas of work					
	Emergency response mechanisms	Activate <u>emergency response</u> mechanisms	Enhance emergency response mechanisms	Scale up <u>emergency response</u> mechanism	Scale up <u>emergency response</u> mechanism	
	Risk communication and public engagement	Educate and actively communicate with the public through <u>risk</u> <u>communication and community</u> <u>engagement</u>	Educate and actively communicate with the public through <u>risk</u> <u>communication and community</u> <u>engagement</u>	Educate and actively communicate with the public through <u>risk</u> <u>communication and community</u> <u>engagement</u>	Educate and actively communicate with the public through <u>risk communication</u> and <u>community engagement</u>	
	Case finding, contact tracing and management	Conduct active case finding, contact tracing and monitoring; <u>quarantine of contacts</u> and isolation of cases	Enhance active case finding, contact tracing and monitoring; quarantine of contacts and isolation of cases	Intensify <u>case finding</u> , contact tracing, monitoring, <u>quarantine of</u> <u>contacts</u> , and isolation of cases;	Continue contact tracing where possible, especially in newly infected areas, quarantine of contacts, & isolation of cases; apply self-initiated isolation for symptomatic individuals	
	Surveillance	Consider testing for COVID-19 using existing respiratory disease surveillance systems and hospital- based surveillance.	Implement COVID-19 surveillance using existing respiratory disease surveillance systems and hospital- based surveillance	Expand COVID-19 surveillance using existing respiratory disease surveillance systems and hospital- based surveillance	Adapt existing surveillance systems to monitor disease activity (e.g. through sentinel sites)	
	Public health measures	Hand hygiene, respiratory etiquette, practice social distancing	Hand hygiene, respiratory etiquette, practice social distancing	Hand hygiene, respiratory etiquette, practice social distancing	Hand hygiene, respiratory etiquette, practice social distancing	
	Laboratory testing	Test suspect cases per WHO case definition, contacts of confirmed	Test suspect cases per WHO case definition, contacts of confirmed	Test suspect cases per WHO case definition, contacts of confirmed	Test suspect cases per <u>WHO case</u> <u>definition</u> and symptomatic contacts of	
	Case management	Prepare to treat patients, Ready hospitals for potential surge	<u>Treat patients</u> and ready hospitals for surge; develop triage procedures	<u>Treat patients</u> and ready hospitals for surge; enhance triage procedures; activate surge plans for health facilities	Prioritize <u>care</u> and activate triage procedures. Scale up surge plans for health facilities (designate referral hospitals, defer elective procedures)	
		Promote self-initiated isolation of people with mild respiratory symptoms to reduce the burden on health systems	Promote self-initiated isolation of people with mild respiratory symptoms to reduce the burden on health system	Activate surge plans for health facilities (designate referral hospitals, defer elective procedures)	Implement self-initiated isolation of people with mild respiratory symptoms to reduce the burden on health systems	
	IPC	Train staff in <u>IPC</u> and <u>clinical</u> management specifically for COVID-19	Train staff in <u>IPC</u> and <u>clinical</u> <u>management</u> specifically for COVID- 19	Train staff in <u>IPC</u> and <u>clinical</u> management specifically for COVID-19	Retrain staff in <u>IPC</u> and <u>clinical</u> <u>management</u> specifically for COVID-19	
		Prepare for surge in health care facility needs, including respiratory support and PPE	Prepare for surge in health care facility needs, including respiratory support and PP	Advocate for home care for mild cases, if health care systems are overwhelmed, and identify referral systems for high risk groups	Implement health facilities surge plans	
	Societal response	Develop all-of-society and business continuity plans	Implement all-of-society, repurpose government and ready business continuity plans	Implement all-of-society resilience, repurpose government, business continuity, and community services plans	Implement all-of-society resilience, repurpose government, business continuity, and community services plans	

14

Tools in Our Toolbox (Health Sector)



- Pandemic Vaccine (starting from late 2020 ?)
- Antiviral medications (slow progress)
- Infection control measures
- Community Mitigation measures







Developing Covid-19 Vaccines at Pandemic Speed



speed. New England Journal of Medicine. https://www.nejm.org/doi/full/10.1056/NEJMp2005630

authorization before licensure

Therapeutics



National Institutes of Health Turning Discovery Into Health

Health Information Grants & Funding News & Events Research & Training Image: OVVID-19 is an emerging, rapidly evolving situation. Get the latest public health information from CDC: https://www.coronavirus.gov Get the latest research information from CDC: https://www.coronavirus.gov Get the latest research information from NIH: https://www.coronavirus.gov Get the latest research information from SHI https://www.coronavirus.gov Home > News & Events > News Releases Events > News Releases

NEWS RELEASES

Wednesday, April 29, 2020

NIH clinical trial shows Remdesivir accelerates recovery from advanced COVID-19

BREAKING Dexamethasone first life-saving coronavirus drug

A cheap and widely available drug called dexamethasone can help save the lives of patients who are seriously ill with coronavirus, **UK experts have said.**

The low-dose steroid treatment is considered a major breakthrough in the fight against the deadly virus.

It cut the risk of death by a third for patients on ventilators and, for those on oxygen, it cut deaths by a fifth.

The drug is part of **the world's biggest trial testing existing treatments ⊿**to see if they also work for coronavirus. (pre-print now, BBC, June 16)

Ayebare, R. R., Flick, R., Okware, S., Bodo, B., & Lamorde, M. (2020). Adoption of COVID-19 triage strategies for low-income settings. The Lancet Respiratory Medicine, 8(4), e22.



Infection Control Measures (example for offices) Occupational safety & health professionals use a framework called the "<u>hierarchy of controls</u>" to select ways of controlling workplace hazards. (See OSHA: <u>https://www.osha.gov/Publications/OSHA3990.pdf</u>)

- More distance between desks
- Partitions between people
- Increase ventilation
- Cut commuting & travel risks
- Work from home
- Hold virtual meetings
- Ban those with symptoms
- Hand washing
- Respiratory etiquette
- Guidance, training, signage
- Masks when people are close together

Engineering Controls

Reduce exposure without behavior change

Administrative Controls

Change work policies &/or practices

Considered the least effective measure

PPE

- Surgical masks help protect against droplet transmission
- Better for source control on those who may already be infected?
- Fit-tested respirators for aerosolgenerating medical procedures
- Neither protect eyes or prevent contact transmission
- Warns others to stay away? But:
- Must discard after dirty or moist
- Already in short supply
- Gives false sense of protection?
- Cloth masks: Little data

https://afludiary.blogspot.com/2020/01/ the-man-in-ironed-mask-revisited.html



Should you wear a mask?

✓ Yes. If you have respiratory symptoms - cough, difficulty breathing



✓ Yes. If you are providing care to individuals with respiratory symptoms

✓ Yes. If you are a health worker and attending to individuals with respiratory symptoms

X NOT needed for general public who do not have respiratory symptoms

(WHO suggests public use, June 5)



Community Mitigation Measures

"COVID-19 is a respiratory disease that seems to be spreading much like flu. Guidance developed for influenza pandemic preparedness would be appropriate in the event the current COVID-19 outbreak triggers a pandemic." (US CDC)

CDC Centers for Disease Control and Prevention CDC 24/7: Saving Lives, Protecting People™ https://www.cdc.gov/coronavirus/2019ncov/php/pandemic-preparednessresources.html

Coronavirus Disease 2019 (COVID-19)

CDC > Coronavirus Disease 2019 (COVID-19) > Public Health Professionals

Coronavirus Disease 2019 (COVID-19)

	COVID-19 Situation Summary	+
	About COVID-19	+
	Information for Travel	+
	Information for Specific Groups	+
Healthcare Professionals		
	Public Health Professionals	-
	Reporting a PUI for COVID-19	
	Lab Confirmed Case Report Form	

On February 11, 2020 the World Health Organization <u>announced</u> an official name for the disease that is causing the current outbreak of coronavirus disease, COVID-19. CDC will be updating our website and other CDC materials to reflect the updated name.

Pandemic Preparedness Resources

While the content at the links provided below was developed to prepare for, or respond to, an influenza ("flu") pandemic, the newly emerged coronavirus disease 2019 (COVID-19) is a respiratory disease that seems to be spreading much like flu. Guidance developed for influenza pandemic preparedness would be appropriate in the event the current COVID-19 outbreak triggers a pandemic.

- Pandemic Planning and Preparedness Resources
- Pandemic Influenza Plan (UPDATED 2017) 🖪 [1 MB, 52 pages]
- <u>Community Mitigation Guidelines to Prevent Pandemic Influenza United States, 2017</u>
- Nonpharmaceutical Interventions (NPIs)
- NPI 101: An Introduction to Nonpharmaceutical Interventions (NPIs) for Pandemic Influenza CDC TRAIN course 🗹

Risk Assessment and Management

Community Mitigation: Multiple "Layered" Non-Pharmaceutical Interventions (NPIs)



(Because No Single NPI is Effective Enough)

3 studies have examined relationships between NPI implementation & mortality in US cities in 1918. This is St. Louis, Sep. 14 – Dec. 28.



- Markel H, Lipman HB, Navarro JA, et al. Nonpharmaceutical interventions implemented by US cities during the 1918-1919 influenza pandemic. JAMA 2007, Aug 8; 298(6): 644-54: <u>http://jama.ama-assn.org/cgi/reprint/298/6/644.pdf</u> (43 cities)
- Hatchett RJ, Mecher CE, Lipsitch M. Public health interventions and epidemic intensity during the 1918 influenza pandemic. Proc Natl Acad Sci 2007, May 1; 104(18): 7582-7: <u>www.pnas.org/content/104/18/7582.full.pdf</u> (17 cities)
- Bootsma CJ, Ferguson NM. The effect of public health measures on the 1918 influenza pandemic in US cities. Proc Natl Acad Sci 2007 May 1;104(18):7588-93: <u>www.pnas.org/content/104/18/7588.full.pdf</u> (23 cities)

Excess pneumonia & flu mortality over 1913 – 1917 baseline in Philadelphia & St. Louis, Sep. 8 – Dec. 28, 1918



(Hatchett RJ, Mecher CE, Lipsitch M. *Public health interventions & epidemic intensity during the 1918 influenza pandemic*⁵³ PNAS 2007: <u>http://www.pnas.org/cgi/content/abstract/0610941104v1</u>)

1918 Social Distancing in the US

14. All New York City workers wore masks. Note the absence of traffic on the street and pedestrians on the sidewalk. The same silent streets were seen everywhere. In Philadelphia a doctor said, "The life of the city had almost stopped."

(John Barry, The Great Influenza)



2020 Social Distancing in Shanghai (BBC, February 6)

Coronavirus: Shanghai's deserted streets and metro





Morbidity and Mortality Weekly Report April 21, 2017

Community Mitigation Guidelines to Prevent Pandemic Influenza — United States, 2017

FIGURE 1. Goals of community mitigation for pandemic influenza

"this 2017 update affirms the importance of prepandemic planning & preparedness for use of NPIs during a pandemic response & recommends the early, targeted, & simultaneous implementation of multiple NPIs to decrease influenza virus transmission."



Number of days since first case

Why you must act now: Connecticut

Status: Shelter in Place

Public leaders & health officials: The only thing that matters right now is the speed of your response

This model is intended to help make fast decisions, not predict the future



Connecticut

Connecticut Responds: Preparing for the Surge (From the Governor's press conference, April 3, 2020)

DAILY HOSPITALIZATIONS DUE TO COVID-19



Connecticut's COVID-19 plan includes strong social distancing early, building surge capacity before needed, & load balancing across the state.

Overview of public health & social measures in the context of COVID-19, WHO, May 18 (!) https://www.who.int/publications-

detail/overview-of-public-health-and-social-measures-in-the-context-of-covid-19

Table 1. Selected public health and social measures for consideration in the context of COVID-19*

Personal measures	Physical and social distancing	Movement measures	Special protection measures
Aim: limit person-to-person spread, protect individuals and their contacts, and reduce contamination of frequently touched surfaces <u>Encourage the public to practice</u> ¹⁸ • Frequent hand hygiene • Physical distancing • Respiratory etiquette • Proper use of masks if unwell or attending to someone who is ill • Environmental cleaning at home Overview of public health and social measures in the context of COVID-19	 Aim: ensure safe physical distancing through reduced crowding Workplaces ⁹ Support businesses and workplaces to put in place hand hygiene, physical distancing, and environmental cleaning Plan for business continuity and minimum services Where feasible, encourage teleworking, staggered shifts, flexible leave policies, teleconferences, virtual meetings, and protection for front-line workers and service personnel Conduct risk assessment by workstation or function according to the environment, expected tasks, possibility of exposure, and available resources Close non-essential businesses as transmission intensifies Support schools to put in place hand hygiene and distancing measures as well as environmental cleaning 	 Aim: prevent introduction of virus from infected areas to non-infected areas Offer advice regarding travel¹⁹ appropriate to circumstances, such as reducing non-essential travel or how to protect oneself while travelling Limit movement locally, regionally, or nationally as necessary to interrupt transmission or prevent reintroduction Arrange travel in advance as needed (students, workers, repatriation) Consider a cordon sanitaire or border measures when instified by 	 Aim: reduce the risk of exposure of vulnerable groups Persons at risk, vulnerable persons, and others Shelter-in-place advice for older age groups Protect closed settings - <u>seniors' residences</u>, <u>long-term</u>¹¹ or psychiatric care, <u>prisons</u>²⁷ Limit visitors or allow visits only with safe distancing Plan for <u>migrants</u>, <u>refugees</u>, ²⁸ <u>displaced</u>²⁹ or homeless Separation from others if appropriate to context and can be done safely and voluntarily In special settings, identify and plan for those at higher risk, e.g. in shops, public transport, hospitals Plan to safely <u>maintain essential health services</u> including immunization, prenatal care, maternity
<text><text><text><text><text><list-item><list-item><list-item><list-item><list-item><list-item></list-item></list-item></list-item></list-item></list-item></list-item></text></text></text></text></text>	 Consider distance learning, suspension of classes, rotation in attendance, or closing school buildings for a limited time Hygiene and distancing measures in canteens and buses Mass gatherings^{8,19} Conduct risk assessment.²⁰ for high visibility events, sporting ²¹ and faith-based events,²² festivals, conferences Adapt, postpone, or cancel public and private events Limit size of public and private events Adapt wedding, funeral and burial²³ customs Public spaces and transportation – Reduce crowding, limit access to, or close public spaces, restaurants, <u>sporting events</u>,²⁴ sports clubs, entertainment venues, <u>places of worship</u>,²⁵ or venues with limited ventilation 	 Consider ineastres when justified by local epidemiology Consider isolation or quarantine for arriving travellers, in line with national screening and testing policy 	 care, cancer care and disease control efforts³⁰ <u>Health workers</u>, ³¹ frontline responders, caregivers, and the health system Coordinate community services, phone hotlines, health facilities, and emergency response units to support testing, isolation, quarantine, and referral Support telemedicine and remote health services Reschedule non-urgent health and medical care Organize services to reduce risk and frequency of contact, ensure physical distancing in all areas Ensure availability of <u>personal protective equipment³²</u> <u>Implement surge plans</u> for community clinics, isolation units where preferred, hospitals, and palliative care ³³

Schools: Difficult Decisions

COVID-19: Kids get infected, severe illness is rare, but what is their role in transmission??

- Immediate community-wide impact from a single policy decision?
- If kids stay away from other kids.
- But this will cause substantial adverse socio-economic impacts:
 - How many health workers will stay home with their kids?
 - Parents' lost income & jobs;
 - Child nutrition?
- These consequences must be considered & planned for.

"Better Off in School": School Medical Inspection as a Public Health Strategy During the 1918–1919 Influenza Pandemic in the United States

Public Health Reports / 2010 Supplement 3 / Volume 125 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2862335/pdf/phr125s30063.pdf

Alexandra Minna Stern, PhD^a Mary Beth Reilly, BA^a Martin S. Cetron, MD^b Howard Markel, MD, PhD^a

SYNOPSIS

During the 1918–1919 influenza pandemic in the United States, most cities responded by implementing community mitigation strategies, such as school closure. However, three cities—New York City, Chicago, and New Haven, Connecticut—diverged from the dominant pattern by keeping their public schools open while the pandemic raged. This article situates the experiences of these three cities in the broader context of the Progressive era, when officials and experts put great faith in expanding public programs in health and education. It adds an important dimension to the historical understanding of the 1918–1919 influenza pandemic and offers lessons for public health practitioners and policymakers today who might face difficult decisions about how to respond to the 2009 H1N1 influenza pandemic.



An analysis of SARS-CoV-2 viral load by patient age Christian Drosten, et. al., May 2020 (pre-print)

Abstract

"Data on viral load, as estimated by real-time RT-PCR threshold cycle values from 3,712 COVID-19 patients were analysed to examine the relationship between patient age & SARS-CoV-2 viral load. Analysis of variance of viral loads in patients of different age categories found no significant difference between any pair of age categories including children. In particular, these data indicate that viral loads in the very young do not differ significantly from those of adults. Based on these results, we have to caution against an unlimited re-opening of schools & kindergartens in the present situation. Children may be as infectious as adults."



"Unanswered questions include:

- "How vulnerable to severe illness are students who have underlying health conditions, such as asthma, diabetes, or severe obesity?
- "How safe is it for adults who themselves have serious underlying health conditions to send their children back to school without fear of those children bringing the virus home & infecting others in the family?
- 3. "How safe is it for teachers, administrators, & other school staff, especially those who are medically vulnerable, to return to school & interact with students who may be asymptomatic but infectious?
- 4. "Are certain school communities at greater risk than others relative to exposure, & should each school community be evaluated independently to determine level of risk?"

(This report includes a detailed appendix on the approaches of 11 other countries.)



Filling in the Blanks: National Research Needs to Guide Decisions about Reopening Schools in the United States

https://www.centerforhealthsecurity.org/ourwork/pubs_archive/pubs-pdfs/2020/200515reopening-schools.pdf

May 15, 2020



Center fer Health Security



Pandemic decision makers must find the right balance between disease- and mitigation strategy-related factors





Eff is

Effective communication is crucial for all of this.

WHO Outbreak communication guidelines



- Start early to prevent rumors & misinformation, & to prepare the public for the crisis. Acknowledge that early information may change.
- Understanding the public is critical to effective communication. Thus, crisis communication should be a dialogue.

- Trust Communicate in ways that builds, maintains, or restores trust. Acknowledge uncertainty & avoid excessive reassurance.
- Transparency: People are more likely to over-estimate the risk if information is withheld. Public panic is rare when people are candidly informed.



ASC Inter-Agency Standing Committee

<u>https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-</u> guidance/humanitarian-operations-camps-and-other-fragile-settings (May 7, 2020)

Inter-Agency Standing Committee IASC Public Health and Social Measures for COVID-19 Preparedness and Response Operations in Low-Capacity and Humanitarian Settings Mobilize all sectors & Prevent, suppress Find, test, isolate & treat Provide appropriate communities & slow transmission clinical care cases, guarantine contact Community leaders and members, health care workers, volunteers, local authorities, NGOs/ international organizations Who? Community, camps, slums, informal settlements, places of detention Where? Health care facilities 11. Screening and referral for suspect 1.Conduct risk assessment Physical distancing, limit movement & 15.Treat severe and 2.Develop COVID-19 plan for the setting minimize gatherings cases critical cases and 12. Test all suspect cases according to Risk communication & community Hand hygiene & respiratory etiquette those at risk of 9. Medical masks for HCW, sick people & local strategy engagement developing severe Recommended 13. Isolate & treat all mild/ moderate 4.Engage & train community health caregivers & others (also non medical cases in designated facilities disease in equipped measures workers in response actions mask) according to setting and risks 14. Identify, monitor and guarantine health facilities 5.Provide economic & social support 10. Strengthen prevention measures for contacts 6.Arrange safe burials individuals at risk of severe disease

10. Strengthen prevention measures for individuals at risk of complications & poor outcomes

- "Identify & put in place additional prevention measures for individuals at risk of complications at the household level supported by the family, such as physical barrier if a separate room is not available, the proper wearing of mask, environmental cleaning, etc." ...
- "Additional placement of individuals at high risk of poor outcomes in a separate facility or location should be avoided.
- "The risk of introduction of the virus into such facilities is most likely unmanageable, as shown by experience in high resource settings.
- "This measure is also most likely unsustainable in the long run given available resources, which should be prioritized for critical measures that are known to be working."

Table: Individual and Social Distancing Measures

Social distancing	Description	Rationale	
measure Stay-at-home recommendations	Recommendation for the public to stay at home, avoid mass gatherings and close contact with persons, particularly targeting the known high-risk groups	Recommendations for voluntary social distancing of persons, particularly the high-risk groups, to reduce transmission, reduce morbidity, and thereby decrease the pressure on the health system.	
Community Social I	Distancing		
Social distancing measure	Description	Rationale	
Closure of educational institutions	 Schools (including day care centres, pre-school, primary and secondary schools) 	 Preventing contact among children is a known prevention measure in influenza outbreaks 	
	Closure of higher educational institutions (including universities, research institutes)	 Universities and other educational institutions are also areas where large numbers of people congregate in confined spaces 	
Buidance on Social Distan	cing During utbreak	 In studies of influenza outbreaks, both measures usually have the biggest effect when applied early in transmission phase and when they last until the circulation of the pathogen decreases (i.e. after several weeks) 	
		 Need to also prevent gathering of youths outside school to ensure effectiveness 	
March 2	0, 2020	he May 12 version	

AFRICA CDC

African 🕥

Community Social Distancing

Measures for special populations	 Measures to limit outside visitors and limit the contact between inmates/patients in confined settings, such as long-term care facilities for the elderly, or persons with special needs, psychiatric institutions, homeless 	 These institutions house a large percentage of people in high-risk groups for severe disease and poor outcome, are often densely populated, and outbreaks of COVID-19 can lead to significant morbidity and mortality 	
	shelters, prisons	 Measures should be applied early in the outbreak and should be continued until the circulation of COVID-19 decreases in the community 	
Mass gathering cancellations	Cultural events (theatres, cinemas, concerts, etc.)	The aim is to avoid transmission among large numbers of peop in configed succes	
	 Sporting events (football, indoor and outdoor athletic games, marathon runs etc.) 	 For some events – even though they may be conducted outdoors (e.g. football matches) – attendees may be in close 	
	Festivals		
	 Conferences, meetings, trade fairs, etc. 	contact on public transportation, at the entrance and exit, etc.	
Cordon sanitaire/ mandatory quarantine of a building or	 Refers to the quarantine and closing of a building or whole residential area (city, region, etc.) 	 Aims to limit contact between high- transmission areas and those with no or low levels of transmission 	
residential area(s)		 This measure implies that the measures above (e.g. school and higher education closures, cancellation of mass gatherings) are also implemented to maximise social distancing within the cordon sanitaire 	
'Lockdown'	Only essential movement is permitted within a defined area	 Aims to address continued high rates of transmission, despite implementation of previous social distancing efforts. 	
ment is		This is an extreme measure.	

(The May 12 version of this document is not recommended because it suggests cohorting of high risk groups.)

https://au.int/sites/default/files/doc uments/38262-doc-africa_cdc.pdf https://www.ecdc.europa.eu/en/publi cations-data/considerations-relatingsocial-distancing-measuresresponse-covid-19-second



March 2020

Considerations relating to social distancing measures in response to the COVID-19 epidemic

Individual social distancing:

- Prompt isolation of cases ©
- Quarantine of contacts ©
- Stay-at-home recommendations
- (© = focus of a containment strategy)

Social distancing of multiple persons:

- School measures / closures
- Workplace measures / closures
- Mass gathering cancellations
- Sheltering of special populations
- Movement / border restrictions ⁶⁷

Mitigation / Distancing vs. Containment

- Both strategies use many of the same interventions, including NPIs.
- Mitigation / Distancing uses populationlevel interventions to separate people from each other & from the virus.
- Containment focuses on individuals who are, or who may be, infected:
 - 1. Aggressive <u>surveillance</u> & PCR <u>testing</u> to find & confirm cases,
 - 2. Isolation of cases,
 - 3. <u>Tracing</u> contacts of cases to quickly find & isolate more cases, & to:
 - 4. <u>Quarantine</u> those exposed but not ill, or who test negative, &
 - 5. <u>Movement / border restrictions</u> between areas with many cases & areas with few cases (if needed).
- Success with COVID-19 has required effective use of both strategies.





Social Distancing Can Reduce R by Reducing the Number of Contacts Between Infectious & Susceptible Persons

If less than 1.0, virus cannot effectively spread, and will

<u>burn out</u>



(In both scenarios, above, 1/4 of contacts become ill.)

69



Figure 2.

Effect of R_o on Epidemic Curves



- "social distancing applied to the population as a whole would have the largest impact; & in combination with other interventions – notably home isolation of cases & school & university closure – has the potential to suppress transmission below the threshold of R = 1 required to rapidly reduce case incidence."
- "interventions need to be in place well before healthcare capacity is overwhelmed."
- "these policies will need to be maintained until large stocks of vaccine are available to immunize the population" ...
- "intermittent social distancing triggered by trends in disease surveillance may allow interventions to be relaxed temporarily"

Imperial College London

https://www.imperial.ac.uk/

Paper 9. Impact of non-pharmaceutical interventions (NPIs) to reduce COVID-19 mortality & healthcare demand

Neil M Ferguson, et. al.

March 16, 2020



(Interventions for 5 months)

Intervals in Local Epidemic Curves & Triggers for Community Mitigation



- Implementing interventions before the local outbreak will likely result in economic & social hardship, & intervention compliance fatigue.
- Implementing after extensive local spread will likely limit the public health benefits.
- The geopolitical trigger should be defined as a cluster of cases occurring within a U.S. state or metropolitan area. (US CDC, Feb. 2007. Consistent with 2017 CDC guidance.)
Can syndromic surveillance be used in areas with limited PCR testing, if non-COVID-19 ILI is uncommon? (This worked quite well in some areas in Sep. – Nov. 1918.)

Suspect case

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset.

OR

- A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19
 case (see definition of contact) in the last 14 days prior to symptom onset;
 OR
- C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

Probable case

- A. A suspect case for whom testing for the COVID-19 virus is inconclusive.
 - a. Inconclusive being the result of the test reported by the laboratory.

OR

3. A suspect case for whom testing could not be performed for any reason.

(From Coronavirus disease 2019 (COVID-19) Situation Report – 79, WHO, April 9, 2020: https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports)

How can we tell if the sky may soon be falling (again) ?





MRC Centre for Global Infectious Disease Analysis, Imperial College London
<u>https://mrc-ide.github.io/global-Imic-reports/</u>
Situation Report for COVID-19: Egypt, 2020-06-16

COVID-19 scenarios depend on the extent to which jurisdictions intensify current strategies &/or implement new measures, maintain current interventions, or relax them.



Figure 3: Time-varying reproduction number, R_t . R_t is the average number of secondary infections caused by a single infected person at time equal to t. $R_t < 1$ indicates a slowing epidemic in which new infections are not increasing. $R_t > 1$ indicates a growing epidemic in which new infections are not increasing. $R_t > 1$ indicates a growing epidemic in which new infections are not solve the 50% CI and light green shows the 95% CI.



Figure 5: Healthcare demands in the next 28 days. Individuals needing an ICU bed are assumed to need mechanical ventilation. Projected demand for Scenario 1 (the epidemic continues to grow at the current rate) are shown in green (Maintain status quo). Projections for Scenario 2 (a further 50% reduction in transmission) are shown in blue. Projections for Scenario 3 (relaxing interventions by 50%) are shown in red. Current date shown with dashed line.

 SC's Egypt Country Office is using the COVID-19 models of the government of Egypt & Imperial College to plan for the coming months.
 However, these

 However, these figures from Imperial's model already looked very different 3 days later. The hardships of social distancing have increased pressure to "reopen."

The plan is to partly replace social distancing with less disruptive containment measures.

However, by May 23, all 50 US states were, at least partly, "reopening," even though only 4 were at "reduced" risk for doing so.

Indicator 1

Is COVID spreading?

Are COVID cases and deaths increasing?

Indicator 2

Are we testing

enough?

Is COVID testing widespread enough to identify new cases?

COVID Risk

Indicator 3

Are our hospitals ready?

Do hospitals have capacity to treat a surge of COVID hospitalizations?

Indicator 4

Are we tracing fast enough?

Are we finding and isolating new cases before COVID spreads?

May 23, 2020

Click a state to view risk details and county info.



Elevated 🦲 Moderate 🦲 Reduced

COVID-19: Government Response Stringency Index, Jun 16, 2020

The Government Response Stringency Index is a composite measure based on nine response indicators including school closures, workplace closures, and travel bans, rescaled to a value from 0 to 100 (100 = strictest response).



https://www.bsg.ox.ac.uk/research/research-projects/coronavirus-government-response-tracker



Source: Hale, Webster, Petherick, Phillips, and Kira (2020). Oxford COVID-19 Government Response Tracker – Last Updated 16th June. Note: This index simply records the number and strictness of government policies, and should not be interpreted as 'scoring' the appropriateness or effectiveness of a country's response. **DFID Research and Evidence Division**

Briefing Paper



(Undated document - not available on the internet?)

Dave Mc Conalogue (contact: <u>d-mcconalogue@dfid.gov.uk</u>) Nadeem Hasan, Chris Lewis, Meredith Bradbury, Clementine Fu, Peter Evans, Chris Porter, Charlotte Watts

Covid-19 Briefing paper: The risks of physical distancing measures in LMICs

Risks and benefits of 'lowering the curve'

- "Whilst physical distancing has some role in reducing overall number of cases, the main result of it is to reduce the peak number of complicated cases, particularly to ensure that critical care beds are not overwhelmed.
- "It is likely that the number of complicated cases will overwhelm the number of critical care beds in lower income countries, however effective the physical distancing.
- "In addition, physical distancing measures are likely to extend the duration of the pandemic, which will exacerbate all the secondary impacts as outlined above.
- "Lower income countries are likely to be impacted more from the <u>duration</u> of a pandemic, than the <u>peak</u> of a pandemic." (?)

Goals of Service Continuity Planning & Community Mitigation (St. Louis County Dep. of Health, 2006)

St. Louis - 200?



NGO READYness priorities for a severe respiratory pandemic include:

- 1. Health & safety of our staff & their families.
- 2. Continuity of key NGO business & programs.



3. Helping mitigate the effects of a severe pandemic in the communities in which we work.

We also advocated (without success) for important gaps in preparedness to be addressed.

Influenza and other respiratory viruses



Are we prepared to help low-resource communities cope with a severe influenza pandemic?

Eric S. Starbuck, Rudolph von Bernuth, Kathryn Bolles, Jeanne Koepsell

Department of Health and Nutrition, Save the Children, Westport, CT, USA. *Correspondence:* Eric S. Starbuck, Department of Health and Nutrition, Save the Children, 54 Wilton Rd., Westport, CT 06880, USA. E-mail: estarbuck@savechildren.org

Accepted 25 September 2012. Published Online 12 November 2012. https://onlinelibrary.wiley.com/doi/epdf/10.1111/irv.12040

Recent research involving lab-modified H5N1 influenza viruses with increased transmissibility and the ongoing evolution of the virus in nature should remind us of the continuing importance of preparedness for a severe influenza pandemic. Current vaccine technology and antiviral supply remain inadequate, and in a severe pandemic, most low-resource communities will fail to receive adequate medical supplies. However, with suitable guidance, these communities can take appropriate actions without substantial outside resources to reduce influenza transmission and care for the ill. Such guidance should be completed, and support provided to developing countries to adapt it for their settings and prepare for implementation.

Keywords Developing countries, influenza, nonpharmaceutical interventions, pandemic, preparedness, public health.

Please cite this paper as: Starbuck et al. (2013) Are we prepared to help low-resource communities cope with a severe influenza pandemic? Influenza Other Respiratory Viruses 7(6), 909–913.



About Us → Reports and Publications

Who We Are)

Since Spring of 2006

Influenza & Pandemic Threats (including Novel Coronavirus)



The information provided here has been developed to help inform Save the Children staff and offices about Influenza and Pandemic Threats, and is posted here to make this information more accessible to them. We make no representation about the suitability of these materials for other individuals or organizations, and accept no responsibility related to their use other than by Save the Children staff and offices.

Enter search term

Much of the information on this page was originally posted in 2006 to address the Avian Influenza H5N1 pandemic threat. Two additional concerning pandemic threats emerged in late 2012 and early 2013; Avian Influenza H7N9, and Novel Coronavirus (MERS-CoV, not an influenza virus, but related to the virus that caused SARS and to Coronaviruses in bats). All three of these, H5N1, H7N9, and MERS, are RNA viruses with high rates of mutation. The concern has been that any of these could evolve into a virus capable of sustained person-to-person respiratory transmission, and potentially cause a severe pandemic. We have expanded some content on this page to address the newer threats. We also believe that much of the information here is relevant to pandemic threats from respiratory viruses beyond the H5N1 virus. Some of these documents also apply to seasonal influenza (as noted).

2019 Novel Coronavirus (2019-nCoV) -Information & Guidance

- WHO: Coronavirus
- US CDC: Novel Coronavirus 2019
- . European CDC: Novel Coronavirus China
- . Univ. of Minn.: Center for Infectious Disease Research and Policy (for late afternoon/early evening US eastern time symmaties)

As of Jan. 28, 2020, we believe that the information below is relevant to 2019nCoV. Difference between flu and 2019.nCoV which we know about include the following: antiviral medications for flu, like Tamiflu, don't work for 2019-nCoV, and 2019-nCov has a longer incubation period, the time between infection and when symptoms appear, than does flu.



Key Information for All Staff

- . Seasonal Flu, Pandemic Flu, and You What SC Staff Should Know and Be Prepared For (Aug. 2018)
- Pandemic Threats: Summary Travel Guidance for SC Staff (Aug. 2018)
- Get Your Household Ready for Pandemic Flu (16 pages: US CDC, 2017) · Flu & You (CDC)
- People at High Risk for Developing Flu-Related Complications
- · Caring for Sameone Sick at Home (20 pages), US CDC · Influenza Self-Care (metric measures, Gov. of Alberta, 2009)
- · Flu Symptoms, Transmission & Prevention (Sep. 2009)
- · Home Stockpiling of Food & Essential Items (Feb. 2019)
- Staff Repatriation and Relocation (Feb. 2019)
- · Voice & Data Connections from Home (Mar. 2006)
- Westport/Washington Guidance on Staff Absence (Sep. 2009)



Recommended Internet Sites for All Staff

- World Health Organization
- European CDC
- International Government Pandemic Flu Resources
- US CDC

www.savethechildren.org/us/about-us/resource-library/influenza-library

& https://resourcecentre.savethechildren.net/node/16747 (same content)



Community Millioning Cold director Present Rendered Information Helical States, 2017









- - Labor, 2009 (2009)

 - Summary of the Threat. & SC Activities & Priorities (Feb. 2017)
 - WHO Outbreak Communications Guidelines (2005)



Pandemic Flu Program Response

- Non-pharmaceutical public health measures for mitigating the risk and impact of epidemic and pandemic influenza (WHO, Oct. 2019, evidence review on NPIs, but lacks guidance on how to adapt & implement these measures)
- US CDC Pages on Nonpharmaceutical Interventions (includes guidance on how to implement NPIs)
- Leadership During A Pandemic: What Your Municipality Can Do (USAID, 2011, goes well beyond the health sector)
- Basic Pandemic Influenza Community Health Response in Developing Countries (2X2 table, H2P, updated Aug. 2019)
- H2P Community Planning & Response Curriculum (CORE Group, 2009) Community Case Management during an Influenza Outbreak: A Training
- Package for CHWs (WHO, 2011) WHO Guidelines for Humanitarian Agencies (Updated 5/08, for Refugee/IDP)
- Populations but more broadly applicable)
- ECDC Menu of Public Health Measures (June 2009, 1.9 MB)
- Guidance & Template for Country Planning (H2P) (Feb. 2019)
- Pandemic Flu & Kids (Feb. 2019)
- <u>HIVAIDS Program Guidance</u> (July 2006)

 Are We Prepared to Help Low-Resource Communities Cope with a Severe Influenza Pandemic? Influenza & Other Respiratory Viruses Editor's Choice paper, Nov. 2012 (authored by SC staff).

The 1918 Pandemic

- 1918 Influenza: The Mother of All Pandemics (Taubenberger & Morens, Emerg. Infect. Dis. (Jan. 2006)
- Global mortality (Johnson & Mueller, Bull. Hist. Med. (2002)
- The Great Pandemic in the US: CDC & Univ. of Mich.
- 1918 in Bethel & Danbury Connecticut (near Westport)

Save the Children/US staff may access these and a few other documents, with use of a password, on the Travel Safety and Security pages of SaveNet: Avian & Pandemic Flu Updates & Guidelines

Last Updated: 11 February 2020



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Additional Information for Health Professionals & Outbreak Responders

- Covid-19 Scenario Dimensions (SC, 11 Feb. 2020)
- · Covid-19: Guidance for Businesses & Employers, US CDC (Feb. 2020)
- Pandemic Threats: News & Guidance Links (August 2018)
- Top 10 Resources on Pandemic Preparedness & Response (January 2020) Pandemic Preparedness Summary Checklist for SC Country & Field Offices

(August 2018)

 Severe Pandemic Flu: Challenges for Preparedness & Response (1 page) (Sep. 2011)

Pandemic Influenza Planning Assumptions (March 2015)

- Influenza Point Persons Roles and Responsibilities (May 2006)
- Tamiflu: To Stockpile or Not to Stockpile (Mar. 2009)
- Covid-19 office notice for local adaption (SC, 11 Feb. 2020)
 - Covid-19: 7 office notices for local adaption (SC, 11 Feb. 2020)
 - Influenza Procedures & Supplies for the Westport & DC Offices (July 2006)
- · Guidance on Preparing Workplaces for an Influenza Pandemic, US Dep. of
- Business Continuity Planning Guide, Gov. of New Zealand (Dec. 2009)
- · Potential Pandemic Severity Appraisals by Authoritative Sources (Sep. 2019)

Pandemic Threat & NGO Preparedness (Dec. 2019 presentation)





1. Health & safety of our staff & their families

Key Information for All Staff

https://www.savethechildren .org/us/about-us/resourcelibrary/influenza-library

- <u>Community Mitigation Guidance for COVID-19 Response</u> (US CDC, Feb. 2020)
- <u>COVID-19 Symptoms, Transmission, & Prevention</u> (SC, March 2020)
- <u>Seasonal Flu, Pandemic Flu, and You What SC Staff Should Know and Be</u> <u>Prepared For</u> (Aug. 2018)
- Pandemic Threats: Summary Travel Guidance for SC Staff (Aug. 2018)
- Get Your Household Ready for Pandemic Flu (16 pages. US CDC, 2017)
- Flu & You (CDC)
- People at Higher Risk for COVID-19 Complications (CDC)
- Caring for Someone Sick at Home (20 pages), US CDC
- Influenza Self-Care (metric measures, Gov. of Alberta, 2009)
- Flu Symptoms, Transmission & Prevention (Sep. 2009)
- Home Stockpiling of Food & Essential Items (Feb. 2019)
- Staff Repatriation and Relocation (Feb. 2019)
- Voice & Data Connections from Home (Mar. 2006)
- Westport/Washington Guidance on Staff Absence (Sep. 2009)
- <u>Masks</u> (Feb. 2020)

2. Continuity of key business & programs

SC/US: Departmental all-hazard plans: We have updated these, trying to address the COVID-19 threat (but these plans aren't on our pandemic threats web pages.) Save the Children.

Business Continuity Plan (BCP)

Finance

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I	Overview				
П	Finance BCP Structure				
Ⅲ →	Summary of Essential Services Provided				
IV	Summary of Essential Internal non-Finance Services Needed				
V	Summary of Essential Technology and Other Items Needed				
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Appendix A	Technology Remote Access Information Sheet 🗲 🗕 🚽		August 2018		
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3. Community Mitigation: Basic Community Health Response

	Family / Household Level:	Community & Facility Levels: (Depending on pandemic severity)
Prevention:	 Non-Pharmaceutical Interventions: Keep your distance. Wash your hands. Wear a mask. Isolate the ill. Shield those at higher risk. 	 Social distancing NPIs to limit public contacts, mixing, & crowding. Surveillance & containment: Testing, isolation, contact tracing, quarantine, & movement/border restrictions if needed. Pandemic vaccine, if available.
Care: We want the second seco	Care for those ill with symptoms of COVID-19: Fluids Nutrition Rest Relieve symptoms & safely use available medications Care seeking	 Assisting the most vulnerable (including care, food, water). Facility & community case management (including antibiotics for pneumonia & therapeutics for COVID-19, if available). Continuity of other selected health services (such as childbirth, HIV & TB medications, immunization), if feasible.
Cor What is COVID Intensity of tran Best sources of Addressing con	nmunity Engagement: 0-19? / Symptoms / Transmission. nsmission & severity of cases. f information & guidance. mmunity perceptions & concerns.	 NGOs & Other Organizations: Health & safety of staff & their families. Continuity of key business & programs. Supporting local pandemic response.

(2008 H2P table for in-country adaptation, updated June 2020.)





Overview of SC COVID-19 response in LAC



EDUCATION - Adapting and Maintaining Learning Opportunities for Children Burkina Faso, Nigeria, Niger



Burkina Faso

- Online platform implemented in Burkina Faso to continue to provide learning opportunities to children
- SCI is working to includes Socio-Emotional Learning and MHPSS contents in the platform
- SCI is developing key protection messages to include in the platform

Nigeria, Burkina Faso, DRC, Sierra Leone and Niger

- Interactive education Radio content Program successfully provided in Nigeria
- SCI distributing solar-powered radios to the most vulnerable and marginalized households
- Whatsapp Groups created to facilitate coordination, exchange among the pedagogical advisors on content and best practices;





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The Future of the COVID-19 (in the temperate northern hemisphere) University of Minnesota, April 30 (https://www.cidrap.umn.edu/covid-19/covid-19-cidrap-viewpoint)

- 1. COVID won't likely be halted until 60% to 70% of the population is immune.
- 2. Depending on control measures & other factors, cases may come in waves of different heights & intervals.
- 3. Plan for periodic waves over the next <u>2 years</u>.
- 4. Plan for the worst-case, Scenario 2, & for no vaccine.



Month

The Imperative: **Effectively refine** & implement the best mix of community mitigation, social distancing, & containment measures, to adequately limit COVID-19 transmission & protect the most vulnerable population groups, while minimizing socioeconomic harm, over a period of many months.

India's poorest 'fear hunger may kill us before coronavirus'

© 25 March 2020 (because social distancing can be deadly)

Coronavirus pandemic https://www.bbc.com/news/world-asia-india-52002734



Ali Hasan has no money to buy food after the shop he worked in closed