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IYCF REMOTE COUNSELING:

How to support caregivers during infectious disease outbreaks and other settings

A one-hour, **free online eLearning course** for infant and young child feeding (IYCF) counselors, designed to equip learners with the knowledge and skills to remotely counsel clients to understand, adopt, and sustain optimal IYCF behaviors during infectious disease outbreaks and in other remote settings

SYNOPSIS

To meet an identified gap in the delivery of IYCF services during COVID-19, the *IYCF Remote Counseling* eLearning course builds on the skills IYCF counselors already possess, and translates them to remote delivery. Remote counseling presents unique challenges, and this course—through audio- and scenario-based exercises, knowledge checks, and learner self-reflection—will strengthen learners’ abilities to positively impact the behaviors of mothers and caregivers from a distance. The course also provides additional considerations for IYCF counseling in specific remote settings, including infectious disease outbreaks, conflict areas, and during migration or displacement events.

The course is designed for low-bandwidth environments, and is mobile-optimized and can be played across a range of browsers and platforms. The *IYCF Remote Counseling* eLearning course was developed by the READY initiative, a USAID/Bureau for Humanitarian Assistance-funded consortium of partners led by Save the Children, augmenting the global capacity of NGOs to respond to major infectious disease outbreaks.

COURSE OBJECTIVES

By the end of this course, learners will be able to:

1. Remotely prepare for a remote counseling session
2. Assess the feeding situation when not in person
3. Analyze whether there are any feeding challenges when not in person
4. Act to address feeding challenges remotely

This course is designed for practitioners already trained in IYCF counseling, and is not a general introduction to the topic. If you are not a skilled IYCF counselor, you should first receive training in IYCF counseling before taking this course.

[CLICK HERE TO ACCESS THE COURSE](#)

IYCF Remote Counseling is available on **Kaya Connect**, a free humanitarian learning platform.

For more information on this course and the READY initiative, visit our website at www.ready-initiative.org, or email us at ready@savechildren.org.

